



**Celebrating 50 Golden Years  
1972–2022**

**The Fredericksburg  
Area Sickle Cell  
Association (FASCA)  
presents the 2022...**

*Seeds of faith,  
nurtured in love,  
reaping full sheaves  
of hope and healing...*

## **FASCA Hybrid Walk-a-Thon**

Proceeds from the walk-a-thon support individuals who are clients, caretakers, and/or sickle cell patients connected with the Fredericksburg Area Sickle Cell Association, Inc.

**Two ways to join our walk-a-thon:**

### **FASCA Virtual Walk**

Walk anytime, September 16-18, 2022 (\$20 registration)

### **FASCA In-Person Walk**

Saturday, September 17, 2022, at Spotsylvania Branch Family YMCA,  
5700 Smith Station Road, Fredericksburg VA 22407

Registration (\$20) is from 7:45–8:45 a.m.

Walk-a-thon begins at 9:00 a.m.

**Ways to register and/or donate:**

**[www.FASCAonline.com](http://www.FASCAonline.com)**

**[www.runsignup.com/race/VA/Fredericksburg/26thAnnualFASCAVirtualWalkaThon](http://www.runsignup.com/race/VA/Fredericksburg/26thAnnualFASCAVirtualWalkaThon)**

For more information as well as pledge and donation forms,  
please email [fasca3275@gmail.com](mailto:fasca3275@gmail.com) or call (540) 371-2923.