

## 5 August 2023

Dear Enthusiastic Supporter of Health and Wellness,

The Fredericksburg Area Sickle Cell Association (FASCA) will be hosting an in-person Walk-A-Thon on Saturday, September 23<sup>rd</sup>, from 9:00am to 11:00am at the Spotsylvania YMCA. Registration starts at 8:30am at the YMCA. Our theme is "Celebrating Progress, Celebrating and Strengthening the Sickle Cell Community."

FASCA is a volunteer, non-profit, health-service organization that identifies community resources and develops a network of referral services that will assist individuals with sickle cell in their efforts to obtain not only quality medical services but assistance with daily living needs as well.

FASCA was founded by Reverend Lawrence and Mrs. Janice Davies. In 1962, Reverend Davies served as the Pastor of Shiloh (Old Site) Baptist Church in Fredericksburg, Virginia, and became the first

African American to hold elected office to City Council, where he served as councilman for 10 years. Reverend Davies then served as the first Black Mayor of Fredericksburg and won re-election for 20 years until retiring in 1996. Reverend and Mrs. Davies still serve as active FASCA members.

FASCA strives to promote awareness of sickle cell in our communities, which includes Fredericksburg and the counties of Spotsylvania, Stafford, King George, and Caroline.

Bone marrow transplants and innovative medications are beginning to help sickle cell recipients live longer. With the right support and guidance, quality of life can be improved. While FASCA has made great impacts in many lives, we still have many more goals to achieve.

Each year FASCA hosts a Walk-a-Thon to raise funds to assist sickle cell patients. Immediately afterwards, on a normal day, there is a raffle where an undetermined number of prizes and gifts are distributed to our in-person walkers and in-person patrons.

We would be honored if you could offer your support in this endeavor by donating monies or your time towards our cause. Your donation will provide a great impact towards our mission as we continue to help support our sickle cell recipients.

There are several ways to make a donation: (1) you may complete the attached donation form, or (2) you may make an on-line donation at **www.FASCAonline.com** or (3) or you may mail a check to:

FASCA c/o Walk-A-Thon P.O. Box 3275 Fredericksburg, VA 22402-3275

For additional information, please contact our FASCA office at (540) 371-2923 (please leave us a message if no-one is available to answer). Or, you may send us an email at: **fasca3275@gmail.com**.

We thank you in advance for your time and consideration in making a donation, as we continue to support our Sickle Cell recipients and raise awareness in our community!

Sincerely,

Reverend Herman Gladney President

Mr. Kevin Ward | Ms Maude Williams | Mrs. Tara Taylor | Mr. Lewis Geter | Mr. Lonnie Morlet Walk-a-Thon Planning Committee Members